



Intimate Partner Violence and Psychosocial Impacts on Battered Women: Basis for Policy and Support Interventions



S&T in Behavioral & Social Sciences

Chona P. Agustin*, Mary Grace T. Delelis, Catherine F. Hizon, Julia T. Cardona, Rhodora B. Romero, Irene P. Aquino and Rayma Fe N. Lagundi

College of Business, Entrepreneurship and Accountancy, Cagayan State University, Andrews Campus, Tuguegarao, Philippines

Corresponding Author: chonaagustin@csu.edu.ph

Background

Violence against women in intimate relationships is a pervasive and deeply rooted social issue that transcends geographical, cultural, and socio-economic boundaries. This phenomenon not only violates fundamental human rights but also has far-reaching consequences for the physical, mental, and emotional well-being of victims. The intersection of violence against women within the context of intimate relationships presents a complex and multifaceted challenge that requires a comprehensive understanding and targeted interventions.

The chronic psychosocial enormities inflicted upon battered women range from shattered self-esteem to depression and PTSD. Primary support programs offer survivors a lifeline to safety, support, and empowerment, providing essential services such as legal advocacy, counseling, livelihood and financial assistance and play a pivotal role in addressing societal norms and attitudes that perpetuate IPV through education, outreach, and community engagement initiatives. Advocacy interventions, along with primary support programs, serve as catalysts for

social change, advocating for policy reforms and promoting gender equality and empowerment. The patterns of IPV and the chronic psychosocial enormities serve as a stark reminder of the urgent need for concerted action and collective solidarity.

Research Objectives

The study explored the available evidence on the prevalence, patterns of Intimate Partner Violence (IPV) and the chronic psychosocial enormities on abused women which primarily looked into the profile of the respondent-victims and the perpetrators, finding out the forms and factors associated with IPV experienced by the victims, and the significant relationships of the same while proposing possible primary support program/s and advocacy intervention to abate the occurrence of the IPV.

Methodology

A descriptive (documentary) research design was utilized to provide a comprehensive analysis of the research objectives of the study which focused in Cagayan Valley Region. Data were sourced from documents filed before any government agency whose mandated functions are related to the protection of violence against women and their children particularly cases that have been lodged before the Philippine National Police Regional (PNP) Office 2. The quantitative data gathered constituted the descriptive and inferential analysis of the study specifically the profile of the victims and perpetrators exploring the relationship between the profiles and the forms and factors of IPV. Descriptive statistics such as frequency and percentage were used to treat the profile of the victims, the forms of IPV, together with the factors associated with it. Chi square was utilized in the treatment of data on the significant correlation of the different variables mentioned in the objectives of this study.

Key Findings

This study provides a comprehensive analysis of IPV across Cagayan, Isabela, Nueva Vizcaya, and Quirino, revealing that IPV is a pervasive, multidimensional issue shaped by demographic, socio-economic, and

behavioral factors. Victims are predominantly women aged 26–40, with younger women also at risk due to economic dependency and limited awareness. IPV spans all education and income levels, though lower educational attainment and unemployment significantly heighten vulnerability. Perpetrators are mostly employed males aged 31–40, with husbands accounting for the majority of cases—underscoring the role of entrenched gender norms and relational control.

Conclusion

After conducting an in-depth study on the patterns of IPV and the chronic psychosocial enormities experienced by battered women, it is evident that this issue requires urgent attention and comprehensive intervention strategies. The research has highlighted the pervasive nature of IPV, its detrimental impact on the mental and emotional well-being of victims.

Policy Recommendations

- Implement proactive (preemptive) measures to identify and address signs of IPV at an early stage that involve community outreach programs, educational campaigns and training for healthcare professionals to recognize and respond to cases of abuse.
- Encourage the establishment of the *HeForShe* and similar initiatives that engage men in gender equality efforts and similar advocacy in protecting the rights and well-being of women against violence.
- Government institutions may offer empowerment workshops and educational sessions to help survivors rebuild their self-esteem, develop mechanisms and acquire skills for independence focusing on promoting self-care, resilience and empowerment through tailored programs. It is likewise encouraged that they establish a holistic support system for battered women that include but not limited to access to counselling, legal assistance, safe housing, livelihood and financial resources. Collaborate with local organization and shelters to provide a network of support for victims seeking help.
- For agencies mandated to protect the rights of women against violence, may develop and

implement a comprehensive case management system for tracking, coordinating and support for victims of IPV.

Target Policy Actors and Beneficiaries



Editor's Note

This policy brief is based on results of the CSU-funded project "Patterns Of Intimate Partner Violence And The Chronic Psychosocial Enormities On Battered Women: A Basis For Primary Support Program And Advocacy Interventions" This project was implemented by the Cagayan State University - Andrews Campus. The CSU - Andrews Campus project team is composed of Chona P. Agustin, Mary Grace T. Delelis, Catherine F. Hizon, Julia T. Cardona, Rhodora B. Romero, Irene P. Aquino and Rayma Fe N. Lagundi.

References

Abu-Elenin, M. M., Elshora, A. A., Sadaka, M. S., & Abdeldaim, D. E. (2022). Domestic violence against married women during the COVID-19 pandemic in Egypt. *BMC Women's Health*, 22(1), 94. <https://doi.org/10.1186/s12905-022-01674-5>

Aizpurua, E., Copp, J., Ricarte, J. J., & Vázquez, D. (2021). Controlling behaviors and intimate partner violence among women in Spain: An examination of individual, partner, and relationship risk factors for physical and psychological abuse. *Journal of Interpersonal Violence*, 36(1-2), 231–254. <https://doi.org/10.1177/0886260517723744>

Sanz-Barbero, B., Barón, N., & Vives-Cases, C. (2019). Prevalence, associated factors and health impact of intimate partner violence against women in different life stages. *PLOS ONE*, 14(10), e0221049. <https://doi.org/10.1371/journal.pone.0221049>

Black, E., Worth, H., Clarke, S., Obol, J. H., Akera, P., Awor, A., Shabiti, M. S., Fry, H., & Richmond, R. (2019). Prevalence and correlates of intimate partner violence against women in conflict affected northern Uganda: A cross-sectional study. *Conflict and Health*, 13, 35. <https://doi.org/10.1186/s13031-019-0219-8>



About CSU Policy Brief

Our policy brief offers an in-depth analysis of contemporary challenges and opportunities within higher education, with a special focus on the unique context of Cagayan State University. Through rigorous research and stakeholder engagement, we examine key areas such as academic innovation, research advancement, community engagement, and administrative excellence. Each recommendation is carefully developed to foster an environment of growth, equity, and sustainability. **This policy brief is published bi-annually.**

Our approach is built on transparency and inclusiveness. By integrating comprehensive data analysis with practical insights from experts and the broader university community, we ensure that our policy recommendations are not only academically robust but also practically implementable. This process underscores our commitment to creating a positive and lasting impact on the university's future.

The policy brief also serves as a platform for translating research outputs into practical policy insights across six strategic thematic areas including Science and Technology in Agriculture, Natural Resources, Education, Food Science and Chemistry, Public Health and Medicine, and Behavioral and Social Sciences. These areas reflect the university's research priorities and address emerging concerns related to agriculture and livestock, environmental management, teaching and learning, food innovation, clinical diagnostics, and community resilience.

While these publications provide science-based interventions for regional and national development, the analyses and recommendations are those of the authors and do not necessarily represent the official positions of Cagayan State University. Any reproduction, distribution, or citation of this work must acknowledge the author and the CSU Policy Brief.

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means without prior permission from Cagayan State University. This Policy Brief is part of the CSU Policy Brief.

Get in touch with us via:

-  facebook.com/csuktmpo
-  csu_ktmoffice@csu.edu.ph
-  csu.org.ph/policybrief



Cagayan State University

Knowledge & Technology Management and Publication Office

RDE Bldg., CSU- Andrews Campus Caritan Sur, Tuguegarao City, Cagayan

Editorial Board

Gilbert C. Magulod Jr., PhD
Editor-in-Chief

Patrianne M. Padua, PhD
Associate Editor-in-Chief

Peer Reviewers

Audy R. Quebral, DPA

Josie Y. Bas-Ong, PhD

Anderson G. Gonzales, PhD

Charmie S. Calvo, DIT

Editorial Staff

Jamaica C. Pedro
Managing Editor

Marcel W. Visitacion
Layout Artist

Technical Staff

Christian Dave E. Columna
IT Technician

Interagency Local Advisory Board

Cagayan State University

University of the Philippines Diliman

University of Santo Tomas

Bureau of Fisheries and Aquatic Resources

Department of Agriculture

Department of Education

Department of Trade Industry

Department of Economy, Planning, and Development



POLICY BRIEF

Cagayan State University
Knowledge & Technology Management and Publication Office



csu.org.ph/policybrief