

"Pasalubong ni JENA" Nutritional And Safety Profile Assesment of Peanut Candy With Cacao

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ABTRACT

Peanut, in the form of peanut candy, is a popular commodity in the Province of Cagayan. However, previous bakers have lacked comprehensive research on the nutritional value and food safety of peanut candy. The nutrition facts label helps consumers understand the nutritional content and safety profile of food. This study aimed to develop a new food product, including nutritional information and microbiological analysis, to ensure consumer safety. The product underwent tests like proximate composition for nutrition facts, antioxidant capacity using DPPH scavenging radical and microbial analysis. Sensory evaluation was utilized to determine the general acceptability of the developed food. Probability sampling was used, with 25 trained faculty and staff participating for sensory evaluation compared with the control. Proximate composition compared with control product have shown lower crude protein, fiber, fat, moisture, and ash content, compared to the peanut candy delight's 8.85% crude protein, 6.17% fiber, 15.15% crude fat, 7.87% moisture, and 1.57% ash. The Peanut Candy Delight with Cacao and control product was found out to be negative in yeast, molds, and salmonella. Computed nutrition facts of peanut candy has 6.0 number of servings per container, it has 50 grams of serving size. Peanut Candy has energy (kcal) 219, energy from fat (kcal) 68, total fat (g) 8, total carbohydrates (g) 33, crude fiber (g) 3, and total protein (g) 4. The peanut candy delight with cacao, is comparable with control in terms of protein, fat, fiber, moisture, and ash, but has a significant sensory difference.

Keywords: DPPH Scavenging Potential, Microbial analysis, Nutrition facts, Proximate composition

INTRODUCTION

Maintaining safe and nutritious food is key to sustaining life and promoting good health. Peanut (Arachis hypogea) has been a popular crop in the Philippines since the Spanish era. It is one of the most important field legumes grown by farmers, but its yield has been low and erratic. Peanut, in the form of peanut candy, is a popular commodity in the Province of Cagayan.

According to Philippine Council for Agricultural, Forestry and Natural Resources Research and Development (PCARRD, 2020) among the provinces in the Philippines, Cagayan Valley region produced almost half of the country's total peanut production. Peanut candy became popular due to the unexpected taste sensation produced by combining peanuts and sweet flavors. The history of peanut brittle is tied to Tony Beaver (2020), a lumberjack folk hero. In the story, Tony Beaver creates peanut brittle when he stops a flood using peanuts and molasses. According to the history of peanut brittle candy, brittle was probably the first candy ever made.

Peanut candy is a classic sweet that is both nutritious and delectable, unlike the common peanut brittle. It also has a simple recipe to follow. However, previous bakers lacked comprehensive research on the nutritional value and food safety of peanut candy. Bakers produced a peanut candy last October by Michelle et al. (2012) but is lacking nutritional profile and safety and further test for general acceptability.

The nutrition facts label helps consumers understand the nutritional content and safety profile of food. The nutrition facts label is a valuable tool to help people become more informed about the nutritional content, which includes serving size, number of servings in the package, calories per serving, and the amount of various nutrients contained in the peanut candy. This information is useful in choosing healthier foods and reducing the risk of diet related chronic disease. Unsafe food containing food allergies, harmful bacteria, and chemical substances can pose a risk to consumers. The researchers wants to study these problems to protect bakers and consumers. With this knowledge gap, this study aims to improve the previous peanut candy by adding cacao. Cacao is the niche product of Cagayan State University-Lasam Campus. The analysis of peanut candy with cacao's nutritional and safety profile can be very beneficial to customers and makers. Essentially, the product's nutrient features of note include the blend of peanuts, cacao, among others which may help individuals understand its worth in terms of diet.

The safety evaluation in terms of microbial analysis could highlight any possible risks from ingredients or ways of processing used for the candy causing accidents. This knowledge would then direct manufacturers how to go about ensuring their products conform to the required regulations as well as meeting customer needs.

On the whole, this research can support creation of a safe and healthy peanut candy with cacao and, at the same time, enhance consumer awareness and promote responsible production methods.

Objectives of the Study

Generally, the study aimed to determine the nutritional and safety profile of peanut candy delight.

Specifically, it sought to:

- 1. Determine the nutrition facts of peanut candy delight with cacao in terms of:
 - a. Proximate Composition
 - b. Serving Size and Nutrition Facts Determination
- 2. Determine the antioxidant potential of peanut candy delight with cacao:
- 3. Determine the level of microbial content in terms of:
 - a. Yeast
 - b. Aflatoxin
 - c. Salmonella
- 4. Compare the developed product and the existing product in terms of:
 - a. Appearance
 - b. Aroma
 - c. Taste
 - d. Texture
 - e. Mouthfeel
 - f. General acceptability

MATERIALS AND METHODS

Research Design

The study utilized a descriptive-quantitative research design specifically for food product development. To ensure the food safety of the products, the peanut candy delight underwent a series of tests, including nutrition facts, microbial analysis, and proximate composition that determined the amount of crude protein, crude fiber, crude fat, moisture, and ash.

Sampling Technique

The study utilized probability sampling. Out of fifty (50), random participants comprising twenty (25) trained faculty and staff became the sensory evaluators. Prior to the conduct of the study, an informed conset form was given to the participants. The faculty and staff are chosen as participants because many of them already have knowledge and experience in food sensory analysis in Lasam Insitute of Technology-TESDA at Nabannagan West, Lasam, Cagayan. Further, their comments and suggestions help our research to improve our product. The participants that answered the question that the researcher gave used the data analyzed by the researcher

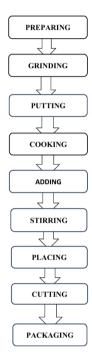
Locale of the study

The standardization of peanut candy delight that conducted at the CagayanStateUniversity-Lasam Campus. The materials that were utilized are purchased at CentroPublicMarket, and the preparation was conducted at the Cacao Food Processing Center of theUniversity. The evaluators was faculty and staff in Lasam Insitute of Technology-TESDA.

Formulation of the Product

The study used fresh peanut seed and cacao chocolate as the raw materials. The ingredients and materials was purchased at the public market. Then, the other materials was brought by the researchers. The following succeeding procedures was done for the conduct of the study: (1) preparing the tools and ingredient, (2) grinding the peanut in the electric food processor, and if the texture is fine, they are placed in a mixing bowl. (3) Putting the grinned peanuts in the pot, (4) cooking them over a medium-low fire. (5) Adding the condensed milk, sugar, and cacao powder. (6) Stirring well to avoid burning until the peanuts are cooked.
(7) Placing on a baking sheet and kneaded to form a flat shape. (8) Cutting it into pieces of the same size, wrap it with baking paper, and (9) packaging it in container.

Flowchart of the Methodology :



Nutrition Facts Determination

One (1) glass of 300 grams peanut candy with cacao was sent to the SGS Regional Food Technology Development and Incubation Center. The proximate components of the sample were determined using established methods for crude protein, crude fiber, crude fat, moisture and ash. In addition, the serving size, number of servings per container, and nutrition facts for each sample were calculated.

Analysis of crude protein

The food material was weighed precisely and placed in a Kjeldahl flask. Acid and a catalyst were added to the flask to completely and clearly break down all organic materials. Nonvolatile ammonium sulfate is formed when nitrogen and sulfuric acid react. The digest is diluted with 100 ml of water. Twenty grams (20g) of sodium thiosulfate, an alkali, is added to neutralize the sulfuric acid. The ammonia produced is distilled into a boric acid solution containing the indicators methylene blue and methyl red (AOAC Method 991.20). The borate anion is titrated with standardized HCl in proportion to its nitrogen content. A reagent blank was run to subtract reagent nitrogen from sample nitrogen. A factor is used to convert percent N to percent crude protein. Because proteins contain 13.31% nitrogen, the conversion factor is 7.51 (100/13.31=7.51).

Analysis of crude fiber and crude fat

Two fifty (250 grams) of the food product sample was grounded in a centrifugal mill with a 2mm screen or a cutter type (Wiley) mill with a 1mm screen. In the analysis, the filter bags were labeled with a solvent-resistant marker. The samples were weighed and recorded, beginning with the weight of each empty filter bag (W1) and ending with zeroing the balance. Serving Size and Nutrition facts Determination Based on the proximate composition result, the licensed technician assisted in the calculation of serving size and nutrifacts label at the Regional Food Technology Development and Incubation Center of the Department of Agriculture (DA) (RF02, Carig Sur, Tuguegarao City. The portion size was calculated using an analytical balance based on the number of servings per container.

DPPH ASSAY for Antioxidant Activity

In dark-colored flasks, 300 mL of 95% ethanol was combined with 100 grams of pulverized peanut candy delight with cacao before being kept at room temperature. The infusions were filtered through Whatman No. 1 filter paper after 24 hours, and the residue was then extracted again using the same amount of solvents. The procedure was repeated 48 hours later. Under vacuum and a temperature of 400C, combined supernatants were evaporated until dry. The obtained extracts were placed in sterile sample tubes and preserved at 4 0C in a refrigerator.

The 1,1-diphenyl-2-picrylhydrazyl (DPPH) assay was used to evaluate the food product's capacity to neutralize DPPH free radicals with just modest modifications from the methods of Kurosamy et. al (2011) at the DOST-ITDI, Taguig City. By dissolving 0.1 to 0.5 g of extract in 100 mL of 95% ethanol, the stock solution of extract/s (20)mg/L) was created. Concentrations of 1023, 818, 614, 409, 205, 102, 41, 20, 10 and 5 μ g /mL as ten dilutions were prepared in three trials with two duplicates to determine the trendline and concentration absorbance curve of antioxidant assay. A 1 mL ethanolic DPPH of concentration 1 mg/mL solution that different diluted solutions (each 1 mL) are added to. The concentration of the sample therein was analyzed by a UV-Vis spectrophotometer at 517 nm for 20 minutes in total darkness at room temperature. The only reagent not in the blank sample was extract.

Microbial Analysis

The food sample was also subjected for microbial assessment using Nissui Compact Dry Method at Regional Feed Chemical Analysis Departmet of Agriculture, Region-02.

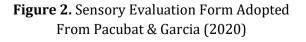
In homogeneous whole plates with nutrient agar specifically and separately for the growth of yeast and aflatoxin , two sets of two fifty (250) grams of each peanut candy delight 350 °C sample solution were incubated. The first set was incubated at 350°C for 2 hours. The plates were dyed with 1 mL of prepared tetrazolium salt solution after incubation. The presence of the microorganisms is indicated by the presence of red coloration.

The second set of peanut candy delight sample solutions were incubated for 32 hours at 24 hours in homogeneous whole plates with nutrient agar to test for the presence of Salmonella. The plates were dyed with one (1) mL of magenta-gal solution after incubation time. Values greater than 300 (>300) indicate that the number of colony-forming units (CFUs) in the preparation dilution has exceeded the method detection limit. Values less than (1.0) indicate that the number of colony-forming units (CFUs) in the preparation dilution is below the method detection limit.

Data Gathering Procedure

Twenty-five (25) samples of products were sent for sensory evaluation. The evaluation of the characteristics of a food product as perceived by the five senses— appearance, aroma, taste, texture, mouthfeel, and general acceptability. Sensory evaluations based on aspect, appearance, texture, color, aroma, taste, mouthfeel an general acceptability were also be performed on each sample by a team of 50 untrained people using a hedonic scale from 9 to 1 on each sample (9, original characteristics ; 9 Like Extremely, 8 Like Very Much, 7 Like Moderately, 6 Like Slightly, 5 Neither Like nor Dislike, 4 Dislike Slightly, 3 Dislike Moderately, 2 Dislike Very Much, 1 Dislike Extremely.

	Sample Sensory Evaluation Form
EMOGRAPHIC INFO	RMATION QUESTIONNAIRE
1. Name (optional) _	
2. Address	
3. Contact Number a	ind/or email address
4. Gender [] Male []	Female [] Other [] Prefer not to say
5. Age	
6. How many memb	ers in your household?
	n aged 13-18 are in your household?
8. How many childre	n aged 12 and below are in your household?
9. How many senior	citizens are in your household?
OOD HABITS	
10. Are you currently	on a restricted diet? [] No [] Vegan [] Vegetarian [] Keto [] Other,
lease	
xplain:	
11. Do you consume	Cacao Mint Ice Cream? [] Yes [] No
12. How often do y nonth	ou consume this loe Cream? [] Daily [] Once or twice a week [] Multiple times a
13. Check all that ap	ply.
] I am always looking	for good quality ice Cream.
] I like to try Ice Crea	m when I see them in the shops.
I prefer to stick with	products that I know and rarely try new products unless recommended by friends.
] I like to eat Cacao M	Aint t ice Cream in smaller sizes.
] I like to eat Cacao M	Aint loe Cream in loaves.
14. Do you make the	shopping or grocery decisions at home?
15. What do you looi	k for in Cacao Mint Ice Cream?
Attractive appearan	ce
] Flavor	
Health benefits	
] Others, please spec	ify
	9-Physic Hodonet: Scala 0 Lake Currentia; 0 Colsina & Lakenda; 1 Colsina & Lakenda;
I	PRODUCT ATTRRUTE



Analysis of the Data/ Statistical treatment

The scores from the sensory evaluation were tabulated and summarized. The mean, average, and standard deviation were calculated using SPSS version 20. An unpaired T-test of the average sensory scores was determined using the same calculator. The values are interpreted to see if there is a significant difference between the control and developed product at p = 0.01

RESULTS AND DISCUSSION

Control and Developed Product Formulation

Below is the table for the formulation of the control and experimental product. The control comprises of the following : 1000 grams of fresh peanut seeds, 250 grams of condensed milk, 120 grams of sugar, 20 grams of cacao powder, On the other hand, the developed comprises of the following : 1000 grams of peanut seeds, 25 grams water, 250 brown sugar, 120 grams butter, and 24 grams soda. These ingredients are also similar to the ingredients of McKee et al. (2003).

Table 1. Control and Developed ProductFormulation

Control Product	Developed Product
Peanut Seeds - 1000 grams	Peanut Seeds - 1000 grams
Water - 25 grams	Doreen Condensed Milk - 250 grams
Brown sugar - 250 grams	Brown Sugar- 120 grams
Butter - 120 grams	Cacao Powder- 20 grams
Soda - 24 grams	

Proximate Composition of Peanut Candy Delight with Cacao

Table 2. shows the result of proximate analysis of peanut candy for crude protein. The peanut candy with cacao has higher crude protein content, 8.85 % while the peanut sweet candy has 4.11 %. In comparison of 2018 RENI PDRI reference male adult requirement of 19-29 years old, this crude protein is relatively low.

Table 2. Percentage Composition of CrudeProtein in Peanut Candy

Peanut Candy Sample	Crude Protein (% in grams)
Peanut candy delight with cacao	8.85
Peanut Sweet Candies (Michelle, 2018)	4.11

Table 3. shows the result of proximate analysis of peanut candy for crude fiber. The peanut candy has 6.17 % while the peanut sweet candy has 2.21 % of crude fiber. This higher amount of crude fiber of the developed product is attributed to the cacao being added in the peanut candy.

Table 3. Percentage Composition of CrudeFiber in Peanut Candy.

Crude Fiber (% in grams)
6.17
2.21

Table 4. shows the result of proximate analysis of peanut candy for crude fat. The peanut candy has 8.15 % while the twin topp's has 10.43 %. In comparison of 2018 RENI PDRI reference male adult requirement of 19-29 years old, this crude fat for both food samples is moderately low.

Table 4. Percentage Composition of Crude fatin Peanut Candy

8.15
10.43

Table 5. Moisture is an important component of food. The peanut candy has 3.87 %. While the twin topp's has 3.18 % of moisture. In comparison of 2018 RENI PDRI reference male adult requirement of 19-29 years old, this crude moisture is very low. Hence, both of the food samples are not prone to microbial growth because of the relatively low moisture content. **Table 5.** Percentage Composition of Moisture inPeanut Candy

Moisture (% in grams)		
3.87		
3.18		

Table 6. shows the result of proximate analysis of peanut candy delight for ash. Ash is the collective mineral content of food samples. The peanut candy has 2.57 % the peanut sweet candy has 1.84 % of ash. The higher amount of ash content of the developed product is also attributed to the addition of cacao. This is similar to the study of Pacubat (2022), where the researcher obtained a relatively higher mineral content of banana bread added with cacao as compared with ordinary banana bread.

Table 6. Percentage Composition of Ash inPeanut Candy.

Peanut Candy Sample	Ash (% in grams)
Peanut candy delight with cacao	2.57
Peanut Sweet Candies (Michelle, 2018)	1.84

In summary, the proximate composition of the peanut candy delight with cacao samples can be gleaned on the table below.

Table 7. Summary of Proximate Composition inpeanut candy delight.

Peanut Candy Sample	Crude	Crude	Crude	Moisture	Ash
	Protein	Fiber	Fat	(%)	(%)
	(%)	(%)	(%)		
Peanut candy delight with cacao	8.85	6.17	15.15	7.87	1.57
Peanut Sweet Candies	4	1	1.8	1	1.84

Below is the calculated nutrition facts of peanut candy having 6.0 number of servings per container. It has 50 grams of serving size. Peanut Candy has energy (kcal) 219, energy from fat (kcal) 68, total fat (g) 8, total carbohydrates (g) 33, crude fiber (g) 3, and total protein (g) 4.

Nutrition Facts					
No. of servings per container: 6.0					
Serving size: 50 g					
Amount per serving Energy (kcal) Energy from fat (kcal)	219 68	%RENI 9%			
Total Fat (g)	8				
Total Carbohydrates ((g) 33				
Crude Fiber (g)	3				
Total Protein (g)	4	6%			
*Percent RENI values are based on 2018 RENI PDRI reference male adult requirement of 19-29 years old.					

Figure 1. Nutrition Facts of Pasalubong ni JENA : Peanut Candy with Cacao

Antioxidant Potential of Peanut Candy with Cacao

Below is the concentration-absorbance curve of peanut candy with cacao. The curve follows a trend, hence the inhibition sigmoidal concentration 50 (IC50) can be computed. The antioxidant IC50 value of the sample can be gleaned on figure 2. This means that half of the **DPPHradicals** were scavenged at а concentration of 30.19 µg/mL. According to (Molyneux, 2004), a compound is classified as very strong when the IC50 value is $150 \,\mu\text{g/mL}$. Accordingly, 30.19µg/mL is a low IC50 value, indicating that the peanut candy with cacao is a strong antioxidant as investigated in vitro. In general, the chart in figure 2 indicates that the specimen is rich in DPPH radicals which are typically found when there is an antioxidant. Comparing it with pure peanut (Arachis hypogea) extract, Alex et. al (2020) stated that the crude ethanolic extract has 42.8 µg/mL IC50. Hence, the peanut candy delight with cacao has a relatively lower and more potent antioxidant capability than peanut alone. The implication here is that such a specimen would serve well as a preventive measure for several chronic illnesses through prevention from inflammations caused by oxidation products.

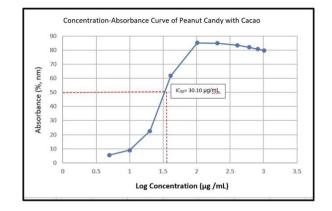


Figure 2. Inhibition Concentration (IC50) of Peanut Candy with Cacao

Microbial Assessment of Peanut Candy with Cacao

Table 8 shows the microbial assessment of peanut candy with cacao using Nissui Compact Dry. It can be gleaned on the table that yeast and aflatoxin was not detected on the samples. Further, Salmonella is said to be negative on the said samples. Based on the standard set by DA-RF02, values greater than 300 (>300) indicate that the number of colony forming units (CFU's) have exceeded the method detection limit for the prepared dilution while values less than one (<1.0) indicate that the number of colonyforming units (CFU's) are below the method detection limit for the prepared dilution. Hence, the developed food product is safe and hygienically prepared in terms of the said microbes.

Table 8. Microbial Assessment of PeanutCandy Delight with Cacao Sample

	Yeast	Aflatoxin	Salmonella
Peanut	-	-	Negative
Candy			
with			
cacao			

Sensory Evaluation of Peanut Candy Delight with Cacao

The appearance, color, aroma, taste, texture, mouthfeel and general acceptability was determined using a quality scoring designed by former researchers that is utilized in evaluating the peanut candy delight with cacao as compared with control-peanut sweet candies. In terms of appearance, the developed product has higher rating, 7.7 ± 1.14 , than the control, 6.9 ± 1.21 . This trend can also be observed in color : 7.72 ± 0.99 , aroma : 8.16 ± 0.93 , taste : 8.4 ± 0.75 , texture : 7.62 ± 1.08 , mouthfeel : 8.08 ± 1.0 , and general acceptability : 8.18 ± 0.94 of the peanut candy delight as compared with the control (color : 6.98 ± 1.20 , aroma : 6.62 ± 1.32 , taste : 6.2 ± 1.66 , texture : 6.74 ± 1.38 , mouthfeel : 6.3 ± 1.83 , and general acceptability : 6.56 ± 1.84 respectively).

Table 9. Mean and Standard Deviation ofSensory Evaluation Parameters for Control andDeveloped Product

Product	Mean and SD						
	Appearan ce	Color	Aroma	Taste	Texture	Mouth Feel	General Acceptabili ty
Peanut	7.7±1.14	7.72 <u>±</u> 0.99	8.16±0.93	8.4±0.75	7.62±1.08	8.08±1.0	8.18±0.94
Candy Delight with							
Cacao Peanut Sweet	6.9±1.21	6.98±1.20	6.62±1.32	6.2±1.66	6.74±1.38	6.3±1.83	6.56±1.84
Candies							

Table 10 shows the summary of the color, aroma, taste, texture, mouthfeel and general acceptability as determined using a quality score system adopted from Pacubat and Garcia (2020). A p-value of 0.01 was used to determine the T-test results for color, aroma, taste, texture, mouthfeel and general acceptability. The table shows that there is significant difference between the control and developed food product in terms of appearance (p=*0.000515735), color (p=*0.000561616), (p=*0.005795) and taste texture (p=*0.000306959). Hence, the developed food product is better in terms of said sensory criteria.

On the other hand, an observed no significant differences was seen on aroma (p=0.91396), mouthfeel (p=2.19817) and general acceptability (p=2.19). Hence, the developed product and existing product is the same based on the said sensory criteria.

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Table 10.Summary of P-Values andInterpretation of Control and Developed FoodProduct on the Seven Sensory Criterion

Sensory Criterion	P-Value	Interpretation
1. Appearance	*0.000515735	There is a significant difference
		between the two products
2. Color	*0.000561616	There is a significant difference
		between the two products
3. Aroma	0.91396	There is no significant difference
		between the two products
4. Taste	*0.005795	There significant difference
		between the two products
5. Texture	*0.000306959	There is a significant difference
		between the two products
6. Mouth feel	2.19817	There is no significant difference
		between the two products
7. General acceptability	0.000234	There is a significant difference
		between the two products

CONCLUSIONS

Based on the findings and series of tests, the innovative product is comparable to the established Peanut sweet candies. Peanut candy delight with cacao improved the proximate composition in terms of protein, fat, fiber, moisture, and ash. Microbial testing revealed that the innovative product is negative for yeast, aflatoxin, and salmonella. However, sensory evaluation of the products reveals a significant difference between the two criteria.

RECOMMENDATIONS

After conducting the study, the following recommendation can be done :

- a. The researchers recommend that the developed product must have shelf-life analysis.
- b. The researchers recommend that the product must have suitable and presentable packaging.
- c. The researchers recommend to future researchers that they may improve the ingredients for catering different market segments.
- d. The researchers recommend that the product must have reference range of sugar for kids, adults, and senior citizen.

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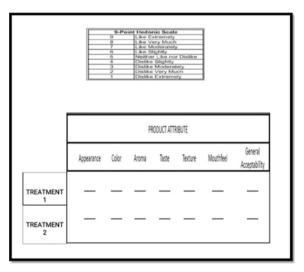
Appendices

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	RFCAL-FT-2022-072									
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Address: Contact No.:	Centro 02, Lass 0975 326 2355	am, Cagayan		Date A	nalyzed:					
Sample Submit					eported: is Requested:					
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Lab No		Sample Descriptio		Yeasts	Molds	Salmonella				
	_		Din	CFU/g	CFU/g	CFU/g				
FT-2022-02 FT-2022-02		Tech Delight Gacao Castard Cak		<1.0 × 10 ² <1.0 × 10 ²	<1.0 × 10 ² <1.0 × 10 ²	Negative				
FT-2022-02		Street Food				Negative				
FT-2022-02		Casao Chilloun		<1.0 × 10 ²	$<1.0 \times 10^2$					
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1000	Integrated Laboratory Division				
	0960-896-3458 / 078-377-0263 Email: ild.rfo2@da.gov.ph				
	REGIONAL FOOD TECHN	OLOGY DEVE	LOPMENT		
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Attachment to Test	Report No.: RFCAL-FT-2023-004				
Name:	NOFA B. MACADANGDANG	Date Recei			
Address: Contact No	Abariongan Ruar, Sto. Niño, Cagayan	Date Analy Date Repo			
Sample Submitted:	0936 578 3751 Food	Service Re	quested: Nutrition Facts		
		Tentative	Claiming Date: Dec 21, 2023		
	REPORT OF	ANALYSIS			
	Lab. No.: FT-23-0244				
	Sample Description: Peanut C	andy Delight			
	Sample Net Weight: 300g				
	Nutrition	Facts			
	No. of servings per contail				
	Serving size: 50g	NUC O.U			
	Amount per Serving	%RENI 219 9%			
	Energy (kcal)	68			
	Energy from fat (kcal)	60			
	Total Fat (g)	8			
	Total Carbohydrates (g)	33			
	Crude Fiber (g)**	3			
	Total Protein (g) Percent REN values are base	4 6%			
	reference male adult requiriente	et of 10-20 years old.			
ote/s: 1.) Calculations	er based on the Proximate Analysis Results of the sa- s panel is constructed following the guidelines as on s panel is constructed following the probet the total di-	uple; 2.) Energy control cale	ulation is based on the Atsenter General 2014 00304.)**Please note that the values fo		
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ABRIEL BIOM	GINA M. Q	RISIGNA	GERLY T. CULUETA, DVM		

Sample Sensory Evaluation Form

Q1. Name (optional)						
Q2. Address						
Q3. Con	tact Number and/or email address					
Q4. Ger	der [] Male [] Female [] Other [] Prefer not to say					
Q5. Age						
Q6. Hov	r many members in your household?					
Q7. Hov	v many children aged 13-18 are in your household?					
Q8. Hov	many children aged 12 and below are in your household?					
Q9. Hov	many senior citizens are in your household?					
FOOD H	ABITS					
Q10. Ar	e you currently on a restricted diet? [] No [] Vegan [] Vegetarian [] Keto [] Other,					
please						
explain:						
Q11. Do	you consume Cacao Mint Ice Cream? [] Yes [] No					
Q12. He month	w often do you consume this ice Cream? [] Daily [] Once or twice a week [] Multiple times a					
Q13. Ch	eck all that apply.					
[] I am i	always looking for good quality Ice Cream.					
[] I like	to try Ice Cream when I see them in the shops.					
[] pref	er to stick with products that I know and rarely try new products unless recommended by friends.					
[] I like	to eat Cacao Mint t Ice Cream in smaller sizes.					
[] I like	to eat Cacao Mint Ice Cream in Ioaves.					
Q14. Do	you make the shopping or grocery decisions at home?					
Q15. W	nat do you look for in Cacao Mint Ice Cream?					
[] Attra	tive appearance					
[] Flavo						
[] Healt	h benefits					
[] Other	s, please specify					





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